

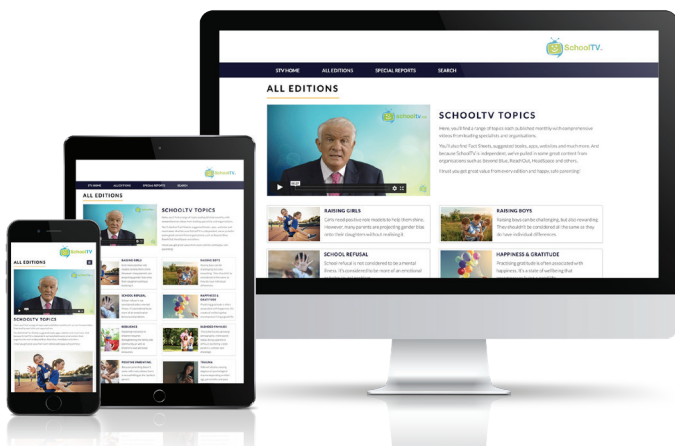


A trusted wellbeing resource to support parenting and families.

SchoolTV is an engaging wellbeing resource provided by your school, offering trusted guidance and support to families seeking to strengthen the wellbeing of their children and adolescents.

By building your own mental health literacy, you are better equipped to support your young person as they navigate the challenges many face today. Understanding how to recognise early signs of concern and respond appropriately is an important first step towards effective early intervention and prevention at home.

SchoolTV features interviews with world-leading experts and provides access to a carefully curated range of resources from trusted organisations. The platform is designed to help you explore support options with confidence and make informed decisions to support your young person's mental health and wellbeing.



Not sure how to access SchoolTV?
Contact your school and they will direct you to the right location for easy access.



Specialist Interviews

Leading global experts offer practical guidance on a wide variety of mental health and wellbeing related topics.



Curated Resources

Resources from a range of key organisations are aggregated into single topics for easy reference.



A Library of Topics

Select from a wide variety of topics to empower confidence and spark conversations with your child.



Free Webinars

Free expert-led webinars offering practical strategies. Your school will notify you when they're available.



KEYpoints Flyers

Downloadable flyers highlighting key takeaways from each topic to support your child or adolescent.



Multilingual Translation

Translate written content into 60+ languages. Video interviews can be viewed in Hindi, Chinese and Arabic.



Get Alerts

Receive notifications when a new topic is released to stay informed about emerging wellbeing issues.